



Chamber Chatter

ISSUE 8

JUNE 2009

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Megan Popowski - Executive Assistant

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Farley Fest is Almost Here!!

After a rocky start, this year's Farley Fest is shaping up to be the best year yet! We are busy at the Chamber office making sure all the details are taken care of to make the event run smoothly. This is such a great event for our community and we are happy to be a part of it. The support of the local businesses is vital to the success of this event and we cannot thank you enough for your generosity. The influx of people into our community throughout the weekend is huge and impacts our town greatly. Milbank is such a fantastic place to live and we are sure that this is

evident to all of the visitors that come to town for the Farley Fest events. We look forward to seeing you all there!!



Have you signed up for the Farley Fest Parade yet? Register online at www.farleyfest.com

Visit the Farmer's Market
Saturday's at the Visitor Center
from 9am - 1pm

All vendors welcome!



From the Executive's Desk

Wow, it doesn't seem like it should be the 11th of June already! Summer events are in full swing. Our community is poised for a great summer filled with events and activities. We have baseball tournaments, fishing tournaments, Farley Fest, Mill events, Class reunions, Family reunions, weddings, Team Pennings, etc. so many great things are happening in our community that add a nice economic boost to our economy. Every time that there is an event or activity in our community additional dollars are spent in various ways. In turn those businesses continue to filter that money back into the community through payroll, supplies, taxes, etc. We **all** benefit from these great events and activities. Milbank is such a great place to work, do business and live! Our guests and visitors seem to agree! If you haven't gotten your tickets for Farley Fest contact the Chamber!

I would like to remind everyone that tomorrow, June 12th is the annual "It Only Takes A Spark" Cancer Walk. I would encourage each and everyone of you to support this amazing event. The monies raised stay locally to help patients and families with cancer, as well as some research. We all have been affected by cancer in some form, please do your part to support this great cause! Let's continue to fight the great fight against cancer.

See you at Farley Fest!

We are still looking for someone to be the contact person for Arts In The Park during Farley Fest weekend. This person will be available during set up and tear down of Arts In The Park and will facilitate the move to the High School Armory in the event of inclement weather. Could this be you or one of your employees??

Featured Business: Bien Pharmacy

The fully renovated Bien Pharmacy is a full service pharmacy. They offer free mail out and in town delivery of prescriptions. They accept most major insurance plans. See the friendly staff at Bien Pharmacy for your diabetic supplies, home healthcare supplies and a

full line of over the counter products.

Bien's also has a digital photo processing kiosk and a large selection of gifts and greeting cards.

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Local nurses complete worksite wellness training

Joan Frerichs, RN and Jennifer Meyer, RN, Grant County Community Health, recently completed specialized training in worksite wellness. They are one of 19 worksite wellness consultants trained by the South Dakota Department of Health to help businesses who are interested in implementing worksite wellness programs.

The worksite wellness consultant program is one part of the larger Healthy South Dakota initiative designed to increase physical activity and healthy eating. Healthy South Dakota works to address risky behaviors that lead to chronic diseases such as heart disease, stroke and cancer which are the three leading causes of death in the state. Risk factors for these diseases include physical inactivity, poor nutrition, obesity, tobacco addiction, high blood pressure and high blood cholesterol.

Joan and Jennifer were trained to work with employers and worksites to support healthy lifestyles and to develop and implement wellness policies and programs.

The current health challenge sponsored by the South Dakota Department of Health is a walking challenge. Anyone can access the details at <http://www.healthysd.gov/>. A free pedometer is offered to individuals that register for this physical activity.

For more information about worksite wellness check the workplace tab at <http://www.healthysd.gov/>. The site offers a variety of resource guides, tool kits, materials, and policy information for worksites interested in setting up wellness programs. Area businesses interested in worksite wellness can contact Joan or Jennifer at 432-4596, or joan.frerichs@state.sd.us or Jennifer.meyer@state.sd.us.



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You'll Like Milbank!



Call to schedule your Chamber After 5!

Trivia



- There are approximately ten million bricks in the Empire State Building.
- From space, the brightest man-made place is Las Vegas, Nevada.
- Did you ever wonder what the WD in WD-40 stands for? WD is an abbreviation for Water Displacer.
- The oldest business in the United States of America is the cymbal company Zildjian which was founded in Constantinople in 1623.
- The most common invention of the 19th century was the washing machine. Between 1804 and 1873, at least 1676 patents were issued by the United States Patent Office for various forms of this device.

Calendar of Events

June

- 12 It Only Takes A Spark Cancer Walk - Lake Farley Park
5:30pm - 6:00am
- 14 Flag Day
- 21 Father's Day
- 21 First Day of Summer
- 26 FARLEY FEST!!
- 27 FARLEY FEST!!
- 28 FARLEY FEST!!

July

- 2 Johnson Dental Ribbon Cutting - 5:15pm
- 4 Independence Day